



Morecambe Bay
Academy

How to Study & Prepare For Your Mock exams



NOTE-TAKING



REVISION



PRODUCTIVITY



WELLBEING



The Pedagogical Alchemist

TURNING MARGINAL GAINS INTO TEACHING GOLD

These should be the two most important numbers to you right now

5 & 29

Where are we this morning ?

Mock Exams 1:
Thursday 16th November 2023

5 Thursdays
29 Days



Does this sound familiar ?

“I don’t **HAVE** time to revise”

“I don’t **KNOW** what to revise”

“I don’t know **HOW** to revise”



What if you had a bank account that paid you £86,400 every day...

'We have all the time in the world'

**WE MAKE TIME FOR
WHAT WE FEEL IS
IMPORTANT TO US.
IF YOU HAVEN'T MADE
TIME FOR IT,
IT'S BECAUSE YOU HAVEN'T
CONVINCED YOURSELF THAT
IT'S IMPORTANT ENOUGH.**

What does success look like for you in your Mock exams ?



Why do students under perform in their exams ?

“I don't **HAVE** time to revise”

“I don't **KNOW** what to revise”

“I don't know **HOW** to revise”



Homosapiens and the Sabre Tooth Tiger



Thinking Clearly Under Pressure



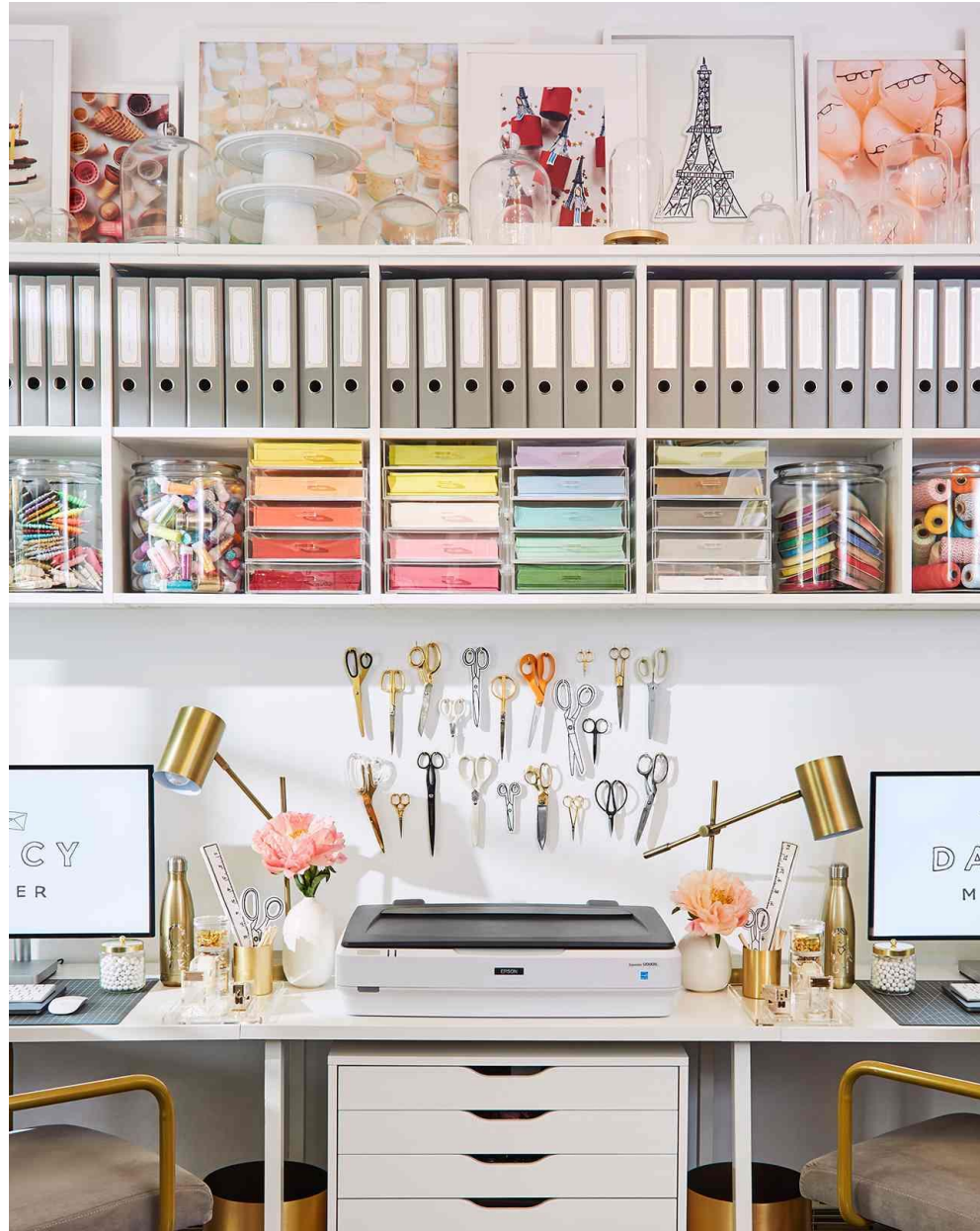
Does this sound familiar ?



3 Things You Can Do Today To Start Shifting Your Worries...

- 1. Create a realistic & effective revision timetable.**
- 2. Use the 'Blank Paper' Revision Method**
- 3. Use Flashcards & Leitner's Box to revise anything**

We need to shift to this as quickly as possible..



How to make an effective revision timetable & stick to it...

The **MOST** effective revision timetable is the one you actually stick to.

So how do we create one ?

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5.00							
5.30							
6.00							
6.30							
7.00							
7.30							
8.00							
8.30							
9.00							
9.30							
10.00							
10.30							
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21.00							
21.30							
22.00							
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23.00							
23.30							
0.00							



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How to make an effective revision timetable & stick to it...

Then block out all of the times you **CAN NOT** revise and label the reason why you cannot revise at these times

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5.00							
5.30							
6.00							
6.30							
7.00							
7.30							
8.00							
8.30	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL		
9.00							
9.30							
10.00							
10.30							
11.00							
11.30							
12.00							
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14.30							
15.00							
15.30							
16.00							
16.30							
17.00							
17.30							
18.00	Dinner						
18.30	Dinner						
19.00							
19.30							
20.00							
20.30							
21.00	Big Brother						
21.30	Big Brother						
22.00							
22.30							
23.00							
23.30							
0.00							

How to make an effective revision timetable & stick to it...

You will then find that you have all of these pockets of time where you can revise.

Remember, you only need 900 seconds to revise something effectively.

But you have to plan it meticulously in **ADVANCE**

Monday	
16.00 – 16.15	Threats to the Weimar Republic: 1919 - 1923

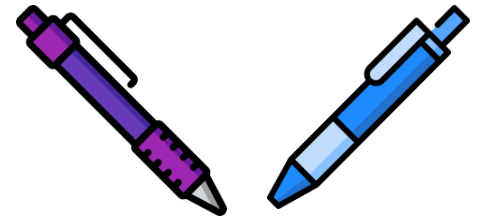
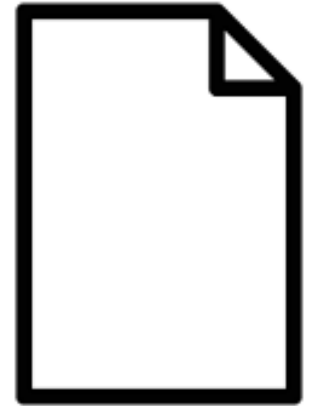
How

Take a blank piece of A4 paper.

Choose a subject and specific topic

Use one colour and write down everything you can recall about that topic

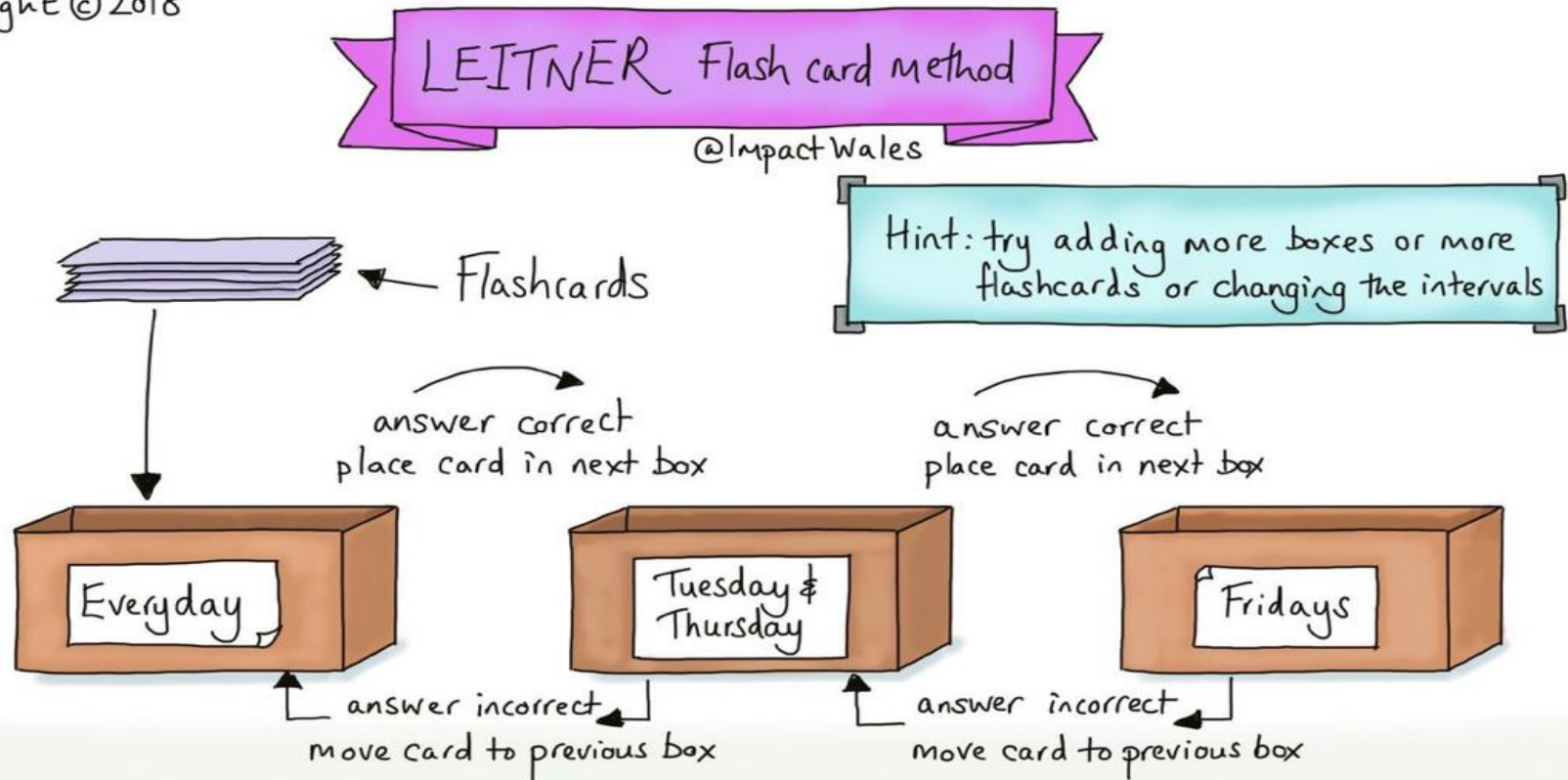
Read your notes / use GCSE Pod / use your revision guides – use your other colour to write down everything you missed initially



Flashcards & Leitner's Box

How

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An effective use of flashcards to prompt & recall learning using spaced practice proposed by Leitner in the 1970s. It focuses on the proficiency of recall of the learner. Information which is easily recalled has a longer time lapse before the next recall opportunity.