

Level 3 Alternative Academic Qualification

Btec National Health and Social Care



L3 AAQ BTEC National 2025
Health and Social Care Ext C...



Please note the compulsory summer work which starts on page 3

About the course: The specification we teach is produced by Pearson and is a BTEC National and a full copy of this specification and other useful information is available at:

[Pearson Level 3 Alternative Academic Qualification BTEC National in Health and Social Care \(Extended Certificate\) Specification](#)

The course consists of the following Units:

Qualification structure

Pearson Level 3 Alternative Academic Qualification BTEC National in Health and Social Care (Extended Certificate)

Students must complete three mandatory units and one optional unit.

See *Section 6* for rules on qualification awarding.

Mandatory units – students complete all units

Unit number	Unit title	GLH	Type	How assessed
1	Human Lifespan and Development	90	Mandatory	External
2	Human Biology and Health	90	Mandatory	External
3	Principles of Health and Social Care Practice	90	Mandatory	Internal

Optional units – students complete one unit

Unit number	Unit title	GLH	Type	How assessed
4	Health, Policy and Wellbeing	90	Optional	Internal
5	Promoting Health Education	90	Optional	Internal
6	Safe Environments in Health and Social Care	90	Optional	Internal
7	Health Science	90	Optional	Internal

Assessment:

Assessment takes the form of examinations that last 1 hour and 30 minutes as well as internally assessed assignments that will be provided by your teacher using the exam boards requirements.

Expectations and Workload


We are delighted you have chosen to study Health and Social Care at Level 3. You can expect well-planned and resourced lessons delivered by teachers who genuinely want to see you achieve your potential. In return we expect you to arrive promptly and properly equipped to all lessons. You will also be expected to use your private study time in an organised and effective way to supplement and reinforce what you have learnt in class. **Simply turning up to most of the lessons will not be enough to secure your target grade.** The work you do outside of your lessons will have a very significant impact on your results. Above all else, we expect you to display *enthusiasm* and *passion* for Health and Social Care.



Compulsory Summer Work

Task 1: Glossary

Research and define the following words. Then draw a symbol to summarise the term and help you remember it.

Term	Definition	Symbol
Adolescence	An important status change following the onset of puberty during which a young person develops from a child into an adult.	
Advocate		
Attachment		
Puberty		
Menopause		
Development		

Discrimination		
Diversity		
Empathy		
Ethical		
Fine Motor Skills		
Growth		
Holistic Approach		
Milestone		
Nature		

Nurture		
Risk Assessment		
Safeguarding		
Self-Concept		
Self-Esteem		

Task 2: Research Task

Choose a professional from the following:

- Midwife
- Paramedic
- Paediatric nurse
- Nutritionist
- Physiotherapist

You could choose your own idea from health and social care roles if you prefer.

Create a fact file for your chosen job role

You could include:

- A day in the life of.....
- General roles and responsibilities
- Routes into the role/ qualifications required
- Skills & qualities
- Average pay

- Where they work
- Who they work with

And anything else you think may be suitable

Part 2: On 'The front line'

Answer these questions:

1. What does it mean when people talk about being 'on the front line'?
2. What does it mean when people talk about the situation as a pandemic?

Now complete this table using research to help you

Job Role	Definition	Roles and Responsibilities	How do they respond in a pandemic?
District Nurse			
Auxiliary Nurse			
Palliative Care			
Phlebotomist			
Domiciliary Carer			
Adult Social Worker			



FINAL TASK- Health and Social Care in the Media

It is important to make the public realise about the issues which are prevailing in society relating to health and social care. One way in which public awareness is raised about health and social care in general and issues that exist within the health and social care sector is through the media.

Your task is to pick...

- x2 Films
- x1 Book
- x2 Documentaries

You will then need to have a go at writing an essay with the following title:

'Discuss the portrayal of Health and Social Care within the media'

You must watch/read some of the examples given (in the remainder of this booklet) and create notes to help with your essay. Consider the following:

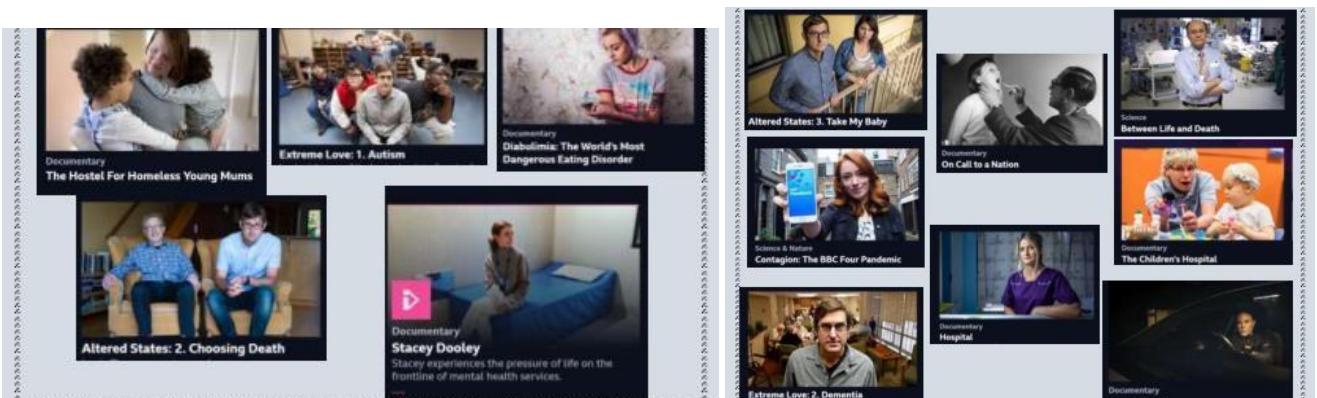
- What issues, if any, are being raised in the stimulus?
- How does the stimulus present H&SC?

Is the stimulus informative/helpful and why?













- Are there any quotes/scenes etc that stand out to you and why?
- How effective is the stimulus in raising public awareness about H&SC/Issues?

This list is NOT exhaustive there may be other questions/ideas you wish to consider as you watch or read.

BBC iPlayer Documentary Suggestions:



NETFLIX

Babies 	Marriage Story 	Louia Theroux: Extreme love, Dementia 	Five Feet Apart 
Brain on Fire 	Theory of Everything 	What to expect when you're expecting 	Unbroken 
Girl, interrupted 	Call the Midwife 	13 Reasons Why 	Pandemic: How to prevent an outbreak 

Recommended Watching for Health and Social Care











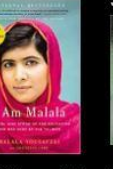

Beyond NETFLIX

Elizabeth is Missing 	Rio & Kate: Becoming a Step family 	Jessy Nelson: Odd one out 	Bohemian Rhapsody 
Confessions of a Junior Doctor 	Born to be different 	Secret life of... Year Olds 	Still Alice 
The Children Act 	The Upside 	Beautiful Boy 	Miss you Already 

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Beyond NETFLIX

Further Reading

Pig Heart Boy by Malorie Blackman 	Wonder by R.J. Palacio 	This is Going to Hurt by Adam Kay 	When Breath becomes Air by Paul Kalanithi 
The Hate U Give by Angie Thomas 	Me Before you by Jojo Moyes 	The Fault in Our Stars by John Green 	The Story of Baby P by Ray Jones 
Savage Girls and Wild Boys by Michael Newton 	The Language of Kindness by Christie Watson 	I am Malala by Malala Yousafzai 	The Boy Who Couldn't Stop Washing by Dr Judith Rapaport 

Recommended Reading for Health and Social Care
Yes some of these are also films, if you prefer!